



San Vicente Saddle Club Newsletter

16911 Gun Stage Road, Ramona, CA

May, 2008

President's Message

Howdy members!

Our Spring Fun Show on April 13th was a huge success! Our Club/ Emergency Animal Rescue brought in almost \$800.00 after expenses. All the proceeds will be forwarded to Emergency Animal Rescue, as they were our club's designated charity of choice for this year's event. This event wouldn't have been possible without club member Ellen Pratt along with fellow Saddle Club and Valle Del Sol Adult Pony Club Members who volunteered their time to make the event run as smoothly as it did. A big thanks to Diamond D Feed who sponsored this event. They have sponsored this event for the past 2 years!

The next exciting event on our schedule is our 2008 Poker Ride scheduled May 31st at the International Equestrian Center. This is our clubs main fundraiser that helps our club to keep on giving! Not only do participants have an opportunity to win a substantial amount of cash from a great Poker hand but also have an opportunity to win some great raffle prizes donated from our local sponsors/vendors. This year we will also be having a silent auction, which will have some awesome items available for the highest bidder. Don't forget about the catered BBQ. We will have the same caterer as

last year and I assure you that you won't be disappointed!

Please reserve your spots early as it will be limited to 85 riders. You can download a flyer to this event on our website www.sanvicentesaddleclub.com Stay tuned for our first Cuyamaca horse camp just around the corner in June! Remember to pre-pay and reserve your spot with Lily!

Hope to see everyone who can attend our next club meeting in May.

See ya on the trail!

Randy

President – Randy MacRostie
Vice President – Dave Shanahan
Treasurer – Lily Voegeli
Secretary – Anita Meyer

**Club Meetings
2nd Wednesday
of Each Month
7:30 PM
SDCE IEC Rotunda**

Important Dates

May

SVSC Monthly Meeting	May 14
----------------------	--------

SDCEA Board Mtg 7:00 pm	May 27
-------------------------	--------

IEC: International Equestrian Center
CTWC: Casey Tibbs Western Center

Upcoming Events

Poker Ride

Saturday, May 31, 2008 STARTING AT THE INTERNATIONAL EQUESTRIAN CENTER CHECK-IN AT 9:00 A.M. • FIRST GROUP RIDES OUT AT 10:00 A.M.

Come Ride the Trails Around San Diego Country Estates

*Enjoy a Catered Barbecue**, Great Raffle and Possible Winning Poker Hand!*

Cost: \$30 per Rider gets Lunch, 2 Raffle Tickets and 1 Poker Hand *

PLEASE COMPLETE AND RETURN THE ENTRY FORM BY May 21, 2008.

The event will be limited to 85 riders, so enter early.

Questions may be directed to 760-789-1332 or 760-789-7665

Riders under 18 must wear a helmet ♦ No bareback riders ♦ No ponied horses with groups

Horse Camp

The first horse camp at Cuyamaca will be June 13 – 17, 2008 ...Watch for more information in the coming months. Reservation forms have been emailed to our members so be sure to get yours in soon if you want a spot!!!

New Members

Carl & Cheryl Dollick
 Carol & Ricky Thomas
 Erika & Tom Seiver

Vet's Corner

By: Corine Selders, DVM
 Encysted Strongyles
 May 2008

I noticed that I have been recommending the treatment of encysted strongyles lately, so I thought I would share this with the club members. Strongyles are a type of worm that the horse gets in its GI tract. We use wormers to get rid of them every 2-3 months or use a daily feed through wormer. Unfortunately, the normal protocol for deworming a horse does not remove the encysted strongyles. These are the larvae of the strongyle worm that embed themselves in the intestinal wall. Once embedded, their metabolism slows down enough that one purge worming, or the daily feed through wormer are not strong enough to kill the larvae in the intestinal wall.

On the exterior of the horse symptoms may include a poor hair coat, delayed shedding out, or long guard hairs that are not shedding out. Other signs may be weight loss, and even colic.

There are two ways to treat for encysted strongyles, one is Quest, a very strong wormer with a low efficacy to toxicity margin, the other is Panacur Powerpack. I generally do not recommend Quest because it can cause colic and has caused some deaths in weak, very young or very old horses. Panacur's active ingredient is fenbendazole – which is not absorbed by the body. One can give 100X the recommended dose and it will not be toxic. What the Panacur Powerpack does is give 2X the recommended dose daily for 5 days. This is long enough to poison the larvae and remove them from the intestinal wall. I recommend using this once a year in the springtime, or if you have a new horse with a questionable worming history, or a poor hair coat. You can get the Panacur Powerpack online – they retail there for approx \$50 plus shipping

Member Classifieds

Equine Sports Massage and Energy Work

Equine Sports Massage and energy work: Uses non-invasive, hands on techniques, to reduce muscular fatigue, tension and stress. EMS improves flexibility, provides relaxation, circulation, and decreased muscular spasms. Increases performance levels up to 20%. Increases circulation, increases range of motion and flexibility.

I was trained in Ocala Fla. taking Don Doran's Equine Sports Massage program and I have a background with some cranial sacral work and reiki levels 1 and 2. I use Dr. McLaren photonic therapy and ultrasonic therapy. Aromatherapy is used as well. Fee is \$ 75 per session.

Terri H. Law BSN
 760-440-9434

Pipe Corral Panels For Sale

4 panels 16 ft
 1 panel 16 ft with 52" gate

All are 1 3/4 dia, 5 ft, 5 rail (strong stuff)

\$75 each obo, U pick up 788-7846, Mike and Stephanie Gunn

Shelter for Sale

We have an 8' X 8' corrugated horse shelter (top) for sale. It's in nice condition with all the poles and the brace. It's \$100.00 and we will help load. Tony and Katie in SDCE. Call 760-715-2667 or 760-440-0492.

Wanted:

24x24 pipe corral with gate, 5 rail, galvanized, with shelter or 12x12 box stall.

Please email pictures and how much you are asking to: mdpoe@cox.net. Mary Poe

Please submit any classified ads, announcements, interesting websites or cool products you would like to add to the newsletter to Barbara McClanahan at robertmac@cox.net

Fun Stall Activities

Written by Annamaria @ <http://ultimatehorsesite.com>

Are you a stall-bound horse? Want to amuse yourself and your human? Well, here are some fun activities for you!

1) Poop in the water game

This will test your coordination and spatial abilities. Horses all over the world practice this, every day. You must try to poop in your water container (note: drink water first, so you won't go thirsty!). If your water container is too high to poop in, you can attempt to poop on the stall's door, or on the wall. This also gives your human something to do-- when they see what you've done, they will marvel at your special abilities, and then happily provide you with fresh water.

2) Pee in the water game

A real challenge for geldings and stallions! Attempt to pee in your water container. This is a very challenging game. If your water container is up against a wall, you may try to drag it into the middle of your stall. If your human is dull and fails to realize that you've peed in your water, simply dump it out and they will refill it. This in itself can actually be a game, called the Dump Out Your Water game.

3) Artistic Wood Carving

You can become a wood carver. Use your teeth to chisel the wood of your stall into a beautiful piece of art! At first, you can start with simple shapes -- such as the half-moon bite shape-- and as you become more advanced you can try different forms (big curve shape or multiple bite shapes). Your human will really appreciate this. Some humans will actually remove your artwork from the stall, and put up fresh, new, unchewed boards-- encouraging you to develop your artistic abilities with a fresh, new canvas!

4) Grain Spilling Game

Try to dump out all of your grain from your grain bucket/container, by turning it over with your nose. It is a fun game. You can even continue to flip the container to be sure that all the grain is dumped on the ground. Then, using your delicate muzzle to guide you, try to pick up all the grain, sorting throughout the bedding and poop. Amusing, and it makes your grain last longer. Your human will appreciate it too-- he/she may even bring you a new bucket of grain, or challenge you to become better by using more difficult containers!

5) Hay Dunking

In this game, you'll try to grab a bite of hay, carry it to your water container, and dump it in. Dropping hay in your water is fun for both you and your human! Although it's just hay, they will probably come in your stall and remove it from your water (then you can dump more in). This gives humans something to do.

6) Who Can Be The Loudest

If you're stalled with other horses, try a little friendly competition with this game. When it's feeding time, see who can neigh, bang, scream, and kick the loudest in their stalls. Humans will instinctively throw food to the noisiest, most demanding horse, so try to be it. The winner is the horse that the human feeds first.

7) Smooch The Bedding

In this game, you can attempt to mix your bedding, poop, and hay all together. You do this by walking all around in your stall, until you get a good, even mixture. Some horses walk in circles, or back and forth in a straight line... experiment with different styles to see what you like best. Again, this provides entertainment and exercise for your human, because they will have to clean it all up.

8) Roll in the stall

Attempt to get a good roll, in your stall. If your stall is big, this is easy; however, the smaller the stall, the more difficult it can become. The object is to roll, well, without getting stuck. There is some danger involved in this game, as you could roll up near a wall and get stuck. If you get stuck, make sure you thrash so that your human will notice you, nearly have a heart attack, then come to your rescue. This game is best played when humans are around.

9) Mane Rubbing

Try to rub your mane out in certain spots. Humans like neat manes. That is why they comb, spray, and pull your mane; Save them work by pulling your mane yourself! You can stick your head through the stall (if it has an opening) and try to rub the top of your neck. Or, just rub it on the side of a wall. This will give your mane a nice look that humans appreciate (clumps of hair missing). You'll save them time on having to pull your mane or trim a bridle path.

10) Unique Pooping

This not only provides fun for you, but fun for the human as well, because it makes the regular boring task of mucking more interesting. Try pooping in unusual areas. Poop on top of your door latches, or poop on window ledges. Poop in any food containers, or on top of salt licks. Try to poop any place that is not the ground.